



# Freggies



## Healthy Employees, Healthy Companies

*You are what you eat... even at work*

FREGGIES has created a quick solution to improve employees' health!

We make it simple and cost effective to get **FRESH ORGANIC PRODUCE, SNACK PACKS, AND MEALS** delivered right at work.

*Grab-n-Go Organic Produce,  
Snack Packs & Fresh Meals*

Pick from the most popular seasonal produce to fit your company size and budget.

with **FREE Delivery**

Seasonal, fresh picked organic produce delivered right to your business.



[freggies.com](http://freggies.com)

# HOW DOES IT WORK?

## 1. EMPLOYERS SET UP AN ACCOUNT AT FREGGIES.COM.

Orders are typically delivered weekly. There is no obligation to order each week nor is there a minimum order size! Ordering and payment are processed online so it is simple to manage.

## 2. WE MAKE THE DELIVERY.

We pick and provide only the very best quality produce locally available. We source only premium organic produce and our prices are better value than retail. Plus, we deliver for free!\*

\*Select business days.

## 3. TIME TO EAT!

Open fresh goodness for your employees! Enjoy fresh organic produce, snack packs and meals.

## WHAT PEOPLE ARE SAYING ABOUT FREGGIES!

**"Excellent, fresh, and variety. Can't go wrong.**

Nice to know that we're eating locally and getting really tasty fresh produce delivered to our door. Thank you."

*Catherine L. - Kirkland, WA*

## WHY DO WE DO THIS?

**Reason #1:** We make healthier options more convenient.

**Reason #2:** We make healthier options less expensive.

*We believe that if we can **WIN** at the above two items then we will make significant inroads to improving the life and health of the people and our culture. That is why we do what we do!*

## DID YOU KNOW?

According to research by the Health Enhancement Research Organization, employees who eat healthy all day long are **25 percent more likely to have higher job performance**. The study also found those who eat five or more servings of fruit and vegetables, at least, four times a week were **20 percent more likely to be more productive**.

## NEXT STEPS:

HR Director or Coordinator may...

Request a FREE Sample for delivery.

If you have a question that you didn't find the answer here, please visit our FAQ's or contact customer service: 206-792-7326



**Freggies**

freggies.com