

Almond Butter Balls

Prep Time: 10 minutes + chill time

Almond Butter Balls Recipe:

½ cup almond butter

1 cup wheat germ

½ cup honey

¼ cup crushed nuts or unsweetened coconut

Instructions:

Mix almond butter, wheat germ and honey and roll into small balls. Then roll the balls in crushed nuts or unsweetened coconut.

Serve fresh, refrigerate or they may also be frozen.

We get our produce from:



www.freggies.com

For more information on eating and living healthy, visit: www.hope4health.org